

Curriculum Vitae (CV)



Name: **Narges Arsalani**

Academic title: Associate Prof.

- ▶ PhD: Karolinska university, Stockholm, Sweden
- ▶ MSc: Shahid Beheshti University of Medical sciences, Tehran-Iran
- ▶ BS: Iran University of Medical sciences, Tehran-Iran

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Education:

2017- present: Master student in Medical Education, Virtual Medical Sciences University,
Tehran-Iran

2016-2017: A Fellowship of “Research Designs in Health”

2006-2012: PhD in Occupational Health Nursing, Karolinska University, Department of
Neurobiology, Care Sciences and Society, Stockholm-Sweden

1990-1993: MSc in Nursing Education, Shaheed Beheshti University of Medical Sciences, Tehran, Iran.

1984-1988: BSc in Nursing, Iran University of Medical Sciences, Tehran, Iran.

Professional experiences:

2012-present: Faculty member, Nursing Department, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.

2017-present: Faculty member, Ergonomics Department (2ed affiliation), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.

2016-present: Head of Rehabilitation Nursing, Nursing Department, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

2013-present: Head of Clinical education, Nursing Department, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

2013-2019: Founder & Manager of Clinical Nursing, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.

2016: Head of Nursing Office, Rofeydeh hospital, University of Social Welfare and Rehabilitation Sciences, Tehran-Iran

1998-2012: Nursing Supervisor, Razy psychiatric Hospital, University of Social Welfare and Rehabilitation Sciences, Tehran-Iran

1993-2011: Lecturer, Nursing Department, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.

2009-2010 : Manager of Eduational & Development Office, Razy psychiatric Hospital, University of Social Welfare and Rehabilitation Sciences, Tehran-Iran

2000-2008 Head of Nursing Office, Rofeydeh hospital, University of Social Welfare and Rehabilitation Sciences, Tehran-Iran

1993-1994 Lecturer, Faculty of Nursing and Midwifery Ghazvin University of Medical Sciences, Ghazvin, , Tehran-Iran

1990-1992 Lecturer, Faculty of Nursing and Midwifery Shaheed Beheshti University of Medical Sciences, Tehran, Iran.

1989 Lecturer, Faculty of Nursing and Midwifery Kordestan University of Medical Sciences Sanandaj, Tehran-Iran

Publication:

- Sharifi A, Arsalani N, Fallahi-Khoshknab M, Mohammadi-Shahbolaghi F. The principles of physical restraint use for hospitalized elderly people: an integrated literature review. *Systematic reviews*. 2021;10(1):1-10.
- Shirozhan S, Arsalani N, Shojae M. A Review of Methods for Assessing the Care Needs of Patients with Disabilities. *Iranian Journal of Systematic Review in Medical Sciences*. 2021;2(2):13-22.
- Shoja M, Arsalani N, Rasouli P, Babanataj R, Shirozhan S, Fallahi-Khoshknab M. challenges of clinical education for Iranian undergraduate nursing students: A review of the literature. *Iranian Journal of Systematic Review in Medical Sciences*. 2021; 2 (1) :46-60
- Sharifi A, Arsalani N, Fallahi Khoshknab M, Mohammadi-Shahboulaghi F, Ebadi A. The psychometric properties of Persian version of the perceptions of physical restraint use questionnaire in the elderly. *Iranian Journal of Ageing*. 2021;16(2):9-.
- Nematifard T, Arsalani N, Rad M, Sadeghi-mahali N, Khaki S, Fallahi-Khoshknab M. Comparison of Iranian Master's of Pediatric Nursing Curriculum with Duke University of America: A Narrative Review. *Iranian Journal of Systematic Review in Medical Sciences*. 2021; 2 (2) :85-9720.
- Hosseinabadi-Farahani M, Fallahi-Khoshknab M, Arsalani N, Hosseini M, Mohammadi E. Justice and unintentional discrimination in health care: A qualitative content analysis. *Journal of Education and Health Promotion*. 2021;10-51

- khaki S, Fallahi-Khoshkenab M, arsalani N, mojtaba R, sadeghy N, nematifard T. Mental Health Status of Nurses During the COVID-19 Pandemic: A Systematic Review. *Iranian Journal of Systematic Review in Medical Sciences*. 2021; 2 (2) :36-52
- Rad M, Fallahi Khoshknab M, Arsalani N, Assarzadeh S, Sadeghi Mahali N, Rasouli P et al . A Comparative Study of the New Curriculum of Nursing PhD Education System in Iran and Duke University of America. *Research in Medical Education*. 2021; 13 (2) :4-13
- Sharifi A, Arsalani N, Fallahi-Khoshknab M, Mohammadi-Shahbolaghi F, Ebadi A. Iranian nurses' perceptions about using physical restraint for hospitalized elderly people: a cross-sectional descriptive-correlational study. *BMC geriatrics*. 2020;20(1):1-7.
- Mohammadi F, Arsalani N, Norozi M. Comparison of the Estimation of Pain Intensity by Nurses and Elderly Patients with Cancer in Selected Hospitals in Tehran. *Iranian Journal of Nursing Research*. 2020;15(5):40-8.
- Heydari M, Arsalani N, Dalvandi A, Noroozi M, Daneshvar R. The Effectiveness of Self-Management Program Based on 5A Model on patient care burden for stroke patients. *Iranian Journal of Rehabilitation Research*. 2020;6(4):1-9.
- Khankeh H, Dalvandi A, Arsalani N, Bayati A. The effect of training skills to using the mobility assistive devices on self-esteem and self-efficacy of hospitalized patients with stroke. *Iranian Journal of Rehabilitation Research*. 2020;6(3):1-7
- Azizi M, Arsalani N, Mohamadi-Shahboulaghi F, Hosseinzadeh. S. The effect of self care education on self care behaviors in adolescent with type 1 diabetes. *Arch Pharma Pract*. 2020;11(3):126-133
- Mohammad Javad Hosseinabadi-Farahani, Masoud Fallahi-Khoshknab, Narges Arsalani, Mohammadali Hosseini, Eesa Mohammadi. *Discrimination in Healthcare, Related*

Factors and Outcomes: A Systematic Review *Pakistan Journal of Medical and Health Sciences*. 2020; 14(4): 1989- 994.

- Raeisi F, Arsalani N, Dalvandi A, Hoseinzadeh S. The effect of interprofessional communication skills training on patient safety culture among Emergency department staff. *Iranian Journal of Rehabilitation Research in Nursing IJRN*. 2019; 6 (2) :100-106
- Shayani-momtaz M, Arsalani N, Mohammadi-shahbolaghi F, Biglaryan A. The effect of rehabilitation plan on fatigue in hemodialysis patients. *Iranian Journal of Rehabilitation Research in Nursing IJRN*. 2019; 5 (3) :23-30
- Sadatmahaleh MM, Fallahi-Khoshknab M, Rahguy A, Arsalani N, Biglarian A. Effect of Workplace Violence Management Program on the Incidence. *Advances in Nursing & Midwifery*. 2019;28(1):35-41.
- Rahimi A, Arsalani N, Fallahi-Khoshknab M, Biglarian A. The Effect of Communication Skills training on Violence against Nurses in the Hospitals affiliated to the Social Security Organization in Isfahan Province. *Iranian Journal of Nursing Research*. 2019;14(2):44-51.
- Mirzaeirad SZ, Arsalani N, Dalvandi A, Rezasoltani P, Hoseini SD. The effect of resilience skills training on nursing stress of nursing staff in hospitals of Golestan Province. *Journal of Health Promotion Management*. 2019;8(2):41-8.
- Hosseinnejad F, Arsalani N, Rahgoui A, Biglarian A. Effectiveness of Resiliency Skills Education on Job Satisfaction among Nurses. *Journal of Guilan University of Medical Sciences*. 2018;27(105):50-60.
- Hemati K, Nourozi K, Arsalani N, Saadati H. The expected and perceived service quality by geriatric patients and medical staff of NAJA hospitals. *Iran J Res Nurs*. 2018;4(3):1-6.

- Fallahi-khoshknab M, Arsalani N. Work and family roles among women nurses. *Iranian Journal of Rehabilitation Research*. 2018;4(2):1-7.
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- Arsalani N NM, Ghorbani R, Sadat-Kia R, Etemadi M. Nutrition status and its relationship with depression in elderly people. *Journal of Koomesh*. 2017;19(2):401-11.
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- Tavakoli Z, Arsalani N, Fallahi-Khoshknab M, Shahriari M, Biglarian A The relation of meaning of work with organizational commitment among nurses of Isfahan educational and therapeutic centers. *Journal of Chemical and Pharmaceutical Research*. 2016;8(2):99-105.
- Sedghi S, Shahboulaghi FM, Arsalani N, Bakhshi E, Sedghi S. The relationship between feeling loneliness, and anxiety and life satisfaction of elderly people living in nursing home of Tehran. *IIOABJ J*. 2016;7(1):371-78.
- Rasti L, Arsalani N, Maghsoudipour M, Hosseinzadeh S. Assessment and Comparison of the Impact of Ergonomic Patient Transfer Method Training on the Operating Room Staff Performance Using Two Instruments of “Patient Transfer Assessment” and “Rapid Entire Body Assessment”. *Journal of Health Promotion Management (JHPM)*. 2016;6(2):1-8.

- Mosavi-Ori A, Arsalani N, Nourozi K, Biglarian A. The Effect of Patient Transfer Method Training on Its Performance among Nursing Personnel. *Iranian Journal of Rehabilitation Research in Nursing*. 2016;2(4):19-25.
- Arab Z, Piri L, Arsalani N, Tabatabai Ghomshe F, Biglarian A. The correlation of workload and work ability with job stress in nursing staff. *Journal of Health Promotion Management (JHPM)*. 2015; 4 (1) :21-30
- Ghotbi N, Maddah S, Dalvandi A, Arsalani N, Farzi M. The effect of education of self care behaviors based on family-centered empowerment model in type II diabetes. *Advances in Nursing & Midwifery*. 2014;23(83):43-50.
- Arsalani N, Fallahi-Khoshknab M, Josephson M, Lagerström M. Musculoskeletal disorders and working conditions among Iranian nursing personnel. *International Journal of Occupational Safety and Ergonomics*. 2014;20(4):671-80.
- Arsalani N, Fallahi- Khoshknab M, Josephson M, Lagerstrom M. Iranian nursing staff's self- reported general and mental health related to working conditions and family situation. *International nursing review*. 2012;59(3):416-23.
- Arsalani N, Fallahi-Khoshknab M, Ghaffari M, Josephson M, Lagerstrom M. Adaptation of questionnaire measuring working conditions and health problems among Iranian nursing personnel. *Asian nursing research*. 2011;5(3):177-82.
- Lagerström M, Josephson M, Arsalani N, Fallahi-Khoshknab M. Striving for balance between family and work demands among Iranian nurses. *Nursing Science Quarterly*. 2010;23(2):166-72.

- Arsalani N, Fallahi-khoshknob M, Ghaffari M, Josephson M, Lagerstrom M. Validation a Questionnaire Measuring Working Conditions among Iranian Nursing Personnel.. 2009:116-124.

Award and Honor

Some of them are:

- Award of prominent Nurse, Ministry of health and medical education, 2002.
- Award of prominent Nurse Manager, Ministry of health and medical education, 2016.
- Honor of prominent Nurse Manager, Ministry of health and medical education, Deputy of Nursing 2018.
- Honor of prominent Nurse Manager, Chancellor of University of Social Welfare and Rehabilitation Sciences 2019, Tehran, Iran.
- Honor of prominent Administration in Accreditation & action plan, Chancellor of University of Social Welfare and Rehabilitation Sciences 2020, Tehran, Iran.

Membership:

1992-present: Iranian nursing organization,

2012-present: Iranian scientific nursing association

2021: Research center for Aging, University of Social Welfare and Rehabilitation Sciences 2019, Tehran, Iran.

Language:

Fluent in writing and speaking in Persian, Moderate in writing and speaking in English,
Elementary in Swedish