

Curriculum Vitae
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Neda Alibeigi

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Personal Information:

<i>Birth date:</i>	August 16,1980
<i>Birthplace:</i>	Tehran, Iran
<i>Nationality:</i>	Iranian
<i>Family Status:</i>	Married

Education

2006 - 2011 **Ph.D. in Clinical Psychology, GPA 19.03 out of 20. Top Student**
Department of Clinical Psychology
University of Social Welfare and Rehabilitation Sciences, Iran
Dissertation title: *Effects of Group Cognitive- Behavior Therapy, Cognitive Remediation Therapy and Cognitive Integrated Therapy In improving Function and Decreasing Symptoms of Patients with Schizophrenia, A comparative study.* Advisors: Mohammadkhani, Parvaneh.Ph.D, Mazinani, Robabeh. MD., Doolatshahi, Behrooz.Ph.D.

2004 - 2006 **M.S. in Clinical Psychology, GPA 18.57 out of 20. Top Student**
Department of Clinical Psychology
Iran Medical Sciences University.
Dissertation title: *Symptoms of Depression, Dysfunctional Attitudes and Self-Control in chronic low back pain patients in Comparison With Healthy Ones.*
Advisors: Yeke Yazdan doost, Rookhsareh ,Ph.D. Afkham Ebrahimi, Azizeh. M.Sc.

2000 - 2004 **B.Sc. Psychology , GPA 18.31 out of 20. Top Student**

Department of Psychology
 Azad University, Tehran Central Branch.
 Dissertation title: *Construct, Validation and Standardization of University Students' Mental Health Questionnaire.*
 Advisor: Sharifan, Ahmad. Psychometrist.

Licensure

2014 Head of Rasta Clinic .Tehran.Iran

2009 Licensed Psychologist, Iranian Psychology Organization;
 License #2125.

2009 Permission to Practice Psychotherapy
 as a Profession in Iran.

Professional Background

2015 - present **Member of Psychosis Research Center**
 Psychosis research Center- Ministry of research- University of
 Social Welfare and Rehabilitation Sciences.

2017 - present **Member of Board of Directors**
 Iranian Psychological Association

2012-2015 **Guest Lecturer (M.sc Courses)**
 Azad University, Science and Research Branch, Tehran, Iran

2012 - present **Psychotherapist**
 Personal Psychotherapy Clinic- Rasta Center

2011 - present **Residents Research Premier**
 Razi Psychiatric Educational – Therapeutic Hospital
 University of Social Welfare and rehabilitation Sciences, Iran.

2010 – present **Assistant Professor of Psychology**
 Department of Psychiatry, University of Social Welfare and
 Rehabilitation Sciences.

2010-present **CBT Supervisor**
 Razi Psychiatric Educational – Therapeutic Hospital.

2010 **Clinical Psychologist**
 Tehran Veterans Organization- South West Center. Tehran,
 Iran

2009 – 2010 **Clinical Psychologist**

- 2009-2010 University Students Counselling Center.
Tehran University- Iran
Guest Lecturer (M.sc Courses)
Shahid Beheshti University, Tehran, Iran
- 2008-present **Psychotherapist**
Private Office under supervision of Dr R. Mazinani- Psychiatrist
- 2007-present **Professor**
Teacher of Preparation Course for M.A. Entrance Exam in
Different Nonprofit centers.
- 2007- 2008 **Psychotherapist**
Family Cultural Center- Tehran Psychiatric Institute.
- 2006 - 2008 **Psychotherapist**
Private Office Under supervision Dr. M. Mohammadian.
Psychiatrist.
- 2006-2008 **Guest Lecturer (B.S Courses)**
Ghazvin International University, Ghazvin, Iran
- 2006 **Guest Lecturer (B.S Courses)**
Azad University, Tehran Central Branch, Iran
- 2004 – 2012 **Guest Lecturer (B.S Courses)**
University of Prisons, Jame Applied Scientific University, Iran
- 2004 -2007 **Psychotherapist**
Sahi Andish Counseling Center.
- 2004- 2005 **Psychotherapist**
Psychotherapy Clinic- Tehran Psychiatric Institute.
Iran Medical Sciences University.
- 2004- 2006 **Clinical Psychologist**
Multidisciplinary Clinic for Railway Employee.
Academic Center for Education, Culture and Research.
Shahid Beheshti Medical Sciences University.
- 2003-present **Research Assistant**
Academic Center for Education, Culture and Research.
Iran Medical Sciences University.
- 2003- 2006 **Clinical Psychologist**

Pain Multidisciplinary Clinic.
Academic Center for Education, Culture and Research.
Iran Medical Sciences University.

2000-2010 **Counselor**
Iran Education & Cultural Center.

Honors and Awards

2011 Winner of the first prize in the “First Congress of Iran Clinical Neuropsychology for the Article: *Effects of Group Cognitive Remediation Therapy in improving Function and Decreasing Symptoms of Patients with Schizophrenia.*
Tehran. Iran.

2011 Winner of the Second prize in the “Ninth Congress of Iran Psychiatric Association for the Article: *Effects of Group Cognitive-Behavior Therapy, Cognitive Remediation Therapy and Combined Cognitive Therapy in improving Function and Decreasing Symptoms of Patients with Schizophrenia. A New Model for Treatment of Schizophrenia.*
Iranian Psychiatric Association. Tehran. Iran

2011 Ranked 1 in Ph.D Course in Clinical Psychology. University of Social Welfare and rehabilitation Sciences, Iran.

2006 Ranked 1 in M.Sc Course in Clinical Psychology. Iran Medical Sciences University.

2003 Ranked 3 among 200 Students in Psychology. Azad University. Tehran Central Branch.

2002 Member of the Youth Researchers Club. Azad University.

Services To Profession

2018- present Member of Reviewers in Contemporary Psychology. Iranian Psychological Association.

- 2019 Member of Scientific Committee in 7th Iranian Psychological Association Congress. Tehran- Iran.
- 2017 Member of Scientific Committee in 6th Iranian Psychological Association Congress. Tehran- Iran.
- 2016- 2018 Member of Scientific Committee in Rehabilitation and Non Medical Treatments. Razi Psychiatric Hospital. Tehran- Iran.
- 2016 Member of Scientific Committee in Psychotherapy Congress. Psychotherapy Scientific Association-Tehran- Iran.
- 2016- present Member of Reviewers in International Journal of Psychology. Iranian Psychological Association.
- 2016- present Member of Reviewers in Practice in Clinical Psychology. Iranian Psychological Association.
- 2016 Member of Scientific Committee in Cognitive Behavior Psychotherapy Congress. Milad Hospital-Tehran- Iran.
- 2016 Head of Emotion Regulation Panel in Cognitive Behavior Psychotherapy Congress. Milad Hospital-Tehran- Iran.
- 2016 Member of Research Committee in Psychiatry Faculty. Milad Hospital-Tehran- Iran.
- 2016 Member of Ethic in research Committee in Psychosis Research Center. University of Social Welfare and rehabilitation Sciences.
- 2015 Member of Scientific Committee in 4th Iranian Clinical psychological Association Congress.
- 2013 Member of Scientific Committee in 3th Iranian Psychological Association Congress.
- 2012-Present Chief Editor of Iranian Clinical Psychology Association Newsletter.
- 2012 Director and Scientific Advisor of the Pre marriage Counseling Educational Film.

- 2011-Present Editorial Board in Iranian Psychological Research Journal. Iranian Psychological Association.
- 2011-Present Member of Cognitive- Behavior Therapy Board in Iranian Psychological Association.
- 2011 Member of Scientific Committee in 3th Iranian Clinical psychological Association Congress.
- 2011 Member of Scientific Committee in The First Iranian Congress on Clinical Neuropsychology.
- 2008-Present Editorial Board of Ravanpazhoooh Scientific Newsletter.
- 2008 Member of Scientific Committee in Fibromyalgia Syndrome Seminar.
- 2007 Member of Scientific Committee in The First National Seminar on Pain Management.
- 2007 Member of Scientific Committee in The Interventional Treatments in Physical Medicine and Rehabilitation of Pain Management.
- 2007 Member of Executive Committee in The 2th Scientific National Congress of The Role of Religion in Mental Health.
- 2005 Member of Executive Committee in 7th Iranian Psychiatry and Clinical Psychology Researches congress.
- 2005 Member of Executive Committee in The first International Congress of Minimally Interventional Spinal Treatment.
- 2005 Member of Executive Committee in The First Congress of Clinical Psychology In Iran.
- 2004- Present Editorial Board in Iranian Clinical Psychology Association Newsletter.
- 2003- Present Member of Pain Research group in Iran Medical Science University. Academic Center for Education, Culture and Research.
- 2003-Present Member of Iranian Clinical Psychology Association.
- 2000-2006 Consultant of Educational and Cultural Center for Psychology in Mastery Course.

- 1999-2000 Co-Therapist in Consultant Center of Law and Politic Science Faculty. Azad University, Tehran Central Branch.
- 1999-2001 Editorial Board and Executive Manager of Research in Psychology Journal. Azad University, Tehran Central Branch.
- 1997- Present Member of Iranian Psychological Association

Teaching

- Spring 2005 *Mental Health (Under Graduate, 35 students).*
- Spring 2006 *Developmental Psychology 1 (Under Graduate, 30 students).*
 Fall2006 *Developmental Psychology1(Under Graduate, 32 students).*
 Fall2006 *Abnormal Psychology- Psychopathology 1(Under Graduate, 35 students).*
- Fall2006 *Mental Health (Under Graduate, 24 students).*
 Spring 2007 *Developmental Psychology2(Under Graduate, 41 students).*
 Spring2007 *Abnormal Psychology- Psychopathology 2(Under Graduate, 36 students).*
- Fall 2007 *Basics of Counseling (Under Graduate, 39 students).*
 Fall 2007 *Mental Health (Under Graduate, 35 students).*
 Fall 2007 *Abnormal Psychology- Psychopathology 1(Under Graduate, 45 students).*
- Fall 2007 *Developmental Psychology 1(Under Graduate, 55 students).*
 Spring 2008 *Psychotherapy(Under Graduate, 35 students).*
 Spring 2008 *Child Psychotherapy(Under Graduate, 33 students).*
 Spring 2008 *Psychology of Vulnerable Groups(Under Graduate, 32 students).*
 Spring 2008 *Abnormal Psychology- Psychopathology 2(Under Graduate, 44 students).*
- Spring 2008 *Developmental Psychology 2(Under Graduate, 35 students).*
- Spring2009 *Child and Adolescence Delinquency (Under Graduate, 29 students).*
- Spring 2009 *General Psychology (Under Graduate, 45 students).*
 Fall 2009 *General Psychology (Under Graduate, 38 students).*
 Spring 2010 *Developmental Psychology (Graduate Seminar, M.sc Course,6 students).*
- Fall 2010 *Objective Psychological Tests (Graduate Seminar, M.Sc Course,6 students).*
- Spring 2010 *Life Skills Training (Under Graduate, 27 students).*
 Fall 2010 *Basics of CBT (Residents of Psychiatry, 7 Students).*
 Fall 2012 *Objective Mental Tests for Diagnosis in Psychiatry (Lecture, Residents of Psychiatry, 7 Students).*
 Fall2010 *Psychology of Personality (Under Graduate, 42 students).*

Spring2011	<i>Family Counseling in Trim and Train Centers (Under Graduate, 37 students).</i>
Spring2011	<i>Mental Health (Under Graduate, 30 students).</i>
Spring2011	<i>Schema Therapy (Residents of Psychiatry, 7 Students).</i>
Spring 2011	<i>Marital Therapy (Residents of Psychiatry, 7 Students).</i>
Fall 2011	<i>Basics of CBT (Residents of Psychiatry, 7 Students).</i>
Fall 2011	<i>Objective Mental Tests for Diagnosis in Psychiatry (Lecture, Residents of Psychiatry, 7 Students).</i>
Fall 2011	<i>Mental Health (Under Graduate, 25 students).</i>
Fall 2011	<i>Developmental Psychology (Under Graduate, 35 students).</i>
Fall 2011	<i>Mental Health (Under Graduate, 29 students).</i>
Spring2012	<i>Schema Therapy (Lecture, Residents of Psychiatry, 6 Students).</i>
Spring 2012	<i>Marital Therapy (Lecture, Residents of Psychiatry, 6 Students).</i>
Fall 2012	<i>Basics of CBT (Residents of Psychiatry, 7 Students).</i>
Fall 2012	<i>Objective Mental Tests for Diagnosis in Psychiatry (Lecture, Residents of Psychiatry, 7 Students).</i>
Spring 2013	<i>Abnormal Psychology (Graduate Seminar, M.Sc Course,15 students)</i>
Spring 2013	<i>Abnormal Psychology (Graduate Seminar, M.Sc Course,27 students).</i>
Spring 2013	<i>Basics of Treatment Theories (Graduate Seminar, M.Sc Course,30 students).</i>
Fall2013	<i>Schema Therapy (Residents of Psychiatry, 7 Students).</i>
Fall 2013	<i>Marital Therapy (Residents of Psychiatry, 7 Students).</i>
Spring 2014	<i>Psychopathology (Graduate Seminar, M.Sc Course,30 students).</i>
Spring 2014	<i>Theories of Psychotherapy (Graduate Seminar, M.Sc Course,30 students).</i>
Fall2014	<i>Basics elements of Cognitive Therapy (Residents of Psychiatry, 5students).</i>
Fall 2014	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 5students).</i>
Spring 2015	<i>Developmental Psychology (Graduate Seminar, M.Sc Course,30 students).</i>
Spring 2015	<i>Different Approaches on Cognitive Therapy (Graduate Seminar, M.Sc Course,20students).</i>
Fall2015	<i>Basics elements of Cognitive Therapy (Residents of Psychiatry, 5students).</i>
Fall 2015	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 5students).</i>
Fall2016	<i>Basics elements of Cognitive Therapy (Residents of Psychiatry, 10students).</i>
Spring 2016	<i>Manual-Based protocol for sexual dysfunctions in CBT (Rasta Mental Health Center).</i>
Spring 2016	<i>Unified Protocol for Anxiety and Mood Disorders (Rasta Mental Health Center).</i>

Summer 2016	<i>Basics concepts of Cognitive Behavior Therapy (Residents of Psychiatry, 8students).</i>
Summer2016	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 4students).</i>
Fall 2016	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 6students).</i>
Fall 2016	<i>Schema Therapy (Rasta Mental Health Center).</i>
Fall2016	<i>Different Approaches on Cognitive Therapy (Rasta Mental Health Center).</i>
Spring 2017	<i>Manual- Based Protocol for Anxiety Disorders (Rasta Mental Health Center).</i>
Summer2017	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 5students).</i>
Fall 2017	<i>Basic Concepts in CBT (Residents of Psychiatry, 10students).</i>
Fall2017	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 10students).</i>
Winter2017	<i>Manual- Based CBT protocol for treating MDD (Rasta Mental Health Center,12students).</i>
Winter2017	<i>Supervision in Cognitive Behavior Therapy (Rasta Mental Health Center).</i>
Spring 2018	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 11students).</i>
Fall2018	<i>Basics elements of Cognitive Therapy (Residents of Psychiatry, 13students).</i>
Fall 2018	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 12students).</i>
Fall 2019	<i>Psychotherapy supervision on CBT (Private Clinic, 12students).</i>
Fall 2019	<i>CBT for anxiety disorders (Private Clinic, 16students).</i>
Spring 2020	<i>Child Psychopathology (M.Sc students, Exceptional Children Psychology, 10students).</i>
Spring 2020	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 15students).</i>
Fall 2020	<i>Psychotherapy supervision on CBT (Residents of Psychiatry, 18students).</i>
Spring 2021	<i>Child Psychopathology (M.Sc students, Exceptional Children Psychology, 10students).</i>
Spring 2021	<i>Practical Course in Clinical settings (M.Sc students, Exceptional Children Psychology, 1student).</i>

Publications

Books

1. Alibeigi, N. (2021). *Wistful Moms(psychological aspects of infertility)*. Iran, Tehran: Arjmand Publication
2. Alibeigi, N., Mokhberian Nezhad, R., Janati, Z. (8th Eds.) (2012). *Abnormal Psychology. Psychopathology*. Iran, Tehran: Poursan Pazhoohesh.
3. Mokhberian Nezhad, R., Alibeigi, N.(5th Eds.) (2012). *General Psychology*. Iran, Tehran: Poursan Pazhoohesh.
4. Mokhberian Nezhad, R., Alibeigi, N.(3th Eds.) (2010). *Basics of Psychology*. Iran, Tehran: Education & Cultural Centre.
5. Alibeigi, N., Mokhberian Nezhad, R., (3th Eds.) (2010). *Psychology for Mastery Entrance Exam*. Iran, Tehran: Education & Cultural Centre.
6. Bolhari, J., Chimeh, N., Tahmasbi, S., Alibeigi, N. (2008). *Introduction to Psychosocial Support for General Practitioners*. Iran, Tehran: UNICEF, IUMS, Arjmand Publication.

Book Translations

7. O Donahue, W.T., Fisher, J.E.(2008). *Cognitive Behavior Therapy: Applying Emprically Supported Techniques in your Practice*. Los Angles, CA. Translated by: Alibeigi, N., Davoodi, E.(2016). Iran, Tehran, Ebne- Sina:Under Publication.
8. Sartorius, N., Schulze, H. (2008). *Reducing the Stigma of Mental Illness*. Translated By; Farhadi., Y., Ali beigi, N., & Colleagues.(2011) Iran, Tehran, Danjeh, Publication.
9. Otis. J.D.(2007). *Managing Chronic Pain, A Cognitive- Behavioral Therapy Approach* Axford University Press, Inc. Translated by: Alibeigi, N., Mohammadi, F.(2011). *Therapist Guide and Work Book*. Iran, Tehran: Arjmand Publication. 2th publication2016.
10. Cleiborn,J., Padrick, Ch. (2001). *The Habit Change Workbook: How To Change Bad Habits and Form Good Ones*. Translated By : Moradi, M., Tahmasbi, S., Alibeigi, N. (2010). Iran, Tehran: Arjmand Publication.2th publication 2014.

ISI- ISC Journal Articles

- 1) Nazeri Astaneh, Ali; Alibeigi, Neda; Nassirifar, Farzad(2020). Comparing the attitudes and knowledge of psychiatric residents about psychotherapy before and after the psychotherapy rotation. *World Journal of Advanced Research and Reviews*, 2020, 08(02), 255–261.
- 2) Mohammad Rafi Bazrafshan, Mehdi Noroozi, Hesam Ghisvand, Alireza Noroozi, Neda Alibeigi, Mohammad Abbasi, Peter Higgs, Bahram Armoon(2019). Comparing injecting

- risk behaviors of long-term injectors with new injectors in Tehran, Iran; *Substance use & misuse*; 54 (2), 185-190.
- 3) Mohammadreza Khodaie, Neda Alibeigi, Venous Ghloamreza Mirzaei(2019). The effect of Ascorbic Acid as supplementary treatment with risperidone in controlling the symptoms of schizophrenia: A double-blind, placebo-controlled clinical trial; *Journal of Basic and Clinical Pathophysiology*; 7 (1), 7-14.
 - 4) Farideh Farokhzadi, Afsaneh Khajevand Khosli, Mohamad Reza Mohamadi , Malahat Akbarfahimi, Neda Ali Beigi (2019). Efficacy of ear acupuncture on attention deficit / hyperactivity disorder in 7-14 years old children, *Journal of Gorgan University of Medical Sciences*. 2019 Winter / Vol 20 / No 4: 43-51.
 - 5) R Basaeri, N Alibeigi(2019). Comparison of Primary Incompatible Schemas with Regard to the Age Gap of Sisters in People with the Major Depressive Disorder with Normal People; *Research on Humanities and Social Sciences* 9(10): 72-77.
 - 6) F Farokhzadi, A Khaje Vandkhosli, MR Mohamadi, M AkbarFahimi,N Alibeigi(2019). Efficacy of emotional regulation over attention deficit/hyperactivity disorder In 7-14 years old Children. *Journal of Exceptional Children* 18 (4), 101-116
 - 7) Neda Alibeigi, Fereshte Momeni(2018). The Effectiveness of Family-Based Intervention on Symptom Severity, Expressed Emotion and Coping Styles of Bipolar Patients; *Iranian Red Crescent Medical Journal* 20 (8) , e60802.
 - 8) Omid Rezaei, Azadeh Bayani, Yaser Mokhayeri, K Wayne, Y Sadat, J Haroni, M Latifi, R Mohammadi, M Ghaffari, M Noroozi, N Alibeigi, M Sayadnasiri, F Fadai, DA Ghahestany, B Dieji, E Ahounbar, M Etivand, B Armoon(2018). Applying psychoeducational program on general health and communication skills in caregivers of patients with schizophrenia: A randomized controlled trial; *The European Journal of Psychiatry*; 32 (4), 174-181.

- 9) Mehdi Noroozi, Sina Ahmadi, Bahram Armoon, Zahra Jorjoran Shushtari, Asaad Sharhani, Elahe Ahounbar, Salah Eddin Karimi, Azam Rahmani, Yaser Mokhayeri, Mostafa Qorbani, Mohammad Hassan Farhadi, Katherine Waye, Neda Alibeigi, Mohammad Rafi Bazrafshan(2018). Social determinants associated with risky sexual behaviors among men who inject drugs in Kermanshah, Western Iran; *Journal of Substance Use* 23 (6), 591-596.
- 10) Mehdi Noroozi, Neda Alibeigi, Bahram Armoon, Omid Rezaei, Mohammad Sayadnasiri, Somayeh Nejati, Farbod Fadaei, Davood Arab Ghahestany, Bahman Dieji, Elahe Ahounbar(2018). Patterns of Relapse Risks and Related Factors among Patients with Schizophrenia in Razi Hospital, Iran: A Latent Class Analysis; *Polish Psychological Bulletin*; vol. 49(3) 355–359.
- 11) Ali beigi N, Askari. H. Interaction of parent- child schemas in different types of personality disorders. *International Journal of Advanced Biotechnology and Research (IJBR)*, 2016; 7 (4): 1039-1046.
- 12) Amirjamshidi.N., Alibeigi.N. Comparison Early Maladaptive Schema and Attachment Style among Marital Divorce and Adaptive Couples. *Turkish Journal Of Psychology*,2016,31(2)
- 13) Matari, A., Nazeri Astaneh. A., Faridnia, P., and Alibeigi, N. EMOTION REGULATION IN MAJOR DEPRESSIVE DISORDER. *World Journal of Pharmaceutical Research*, 2016, Vol. 5(6), 111-118.
- 14) Miri nasab,H., Mahmoodi. GH., Alibeigi. N., Hezari. P. THE RELATIONSHIP BETWEEN ORGANIZATIONAL ATMOSPHERE AND STRESS COPING STYLES AND PSYCHOLOGICAL WELL-BEING OF THE EMPLOYEES OF THE PRIVATE SECTOR AND THE GOVERNMENT SECTOR IN TEHRAN. *International Journal of Analytical, Phrmacuetical and biomedical Sciences*, 2016, 5(5), 16-25.
- 15) Tavakolian, A., Nazeri Astaneh. A., Najarzadegan.M.R., and Alibeigi, N. COMPARATIVE STUDY METACOGNITIVE THERAPY VERSUS CLOMIPRAMINE AND COMBINED THERAPY IN THE IMPROVEMENT OF

- OBSESSIVE-COMPULSIVE AND ANXIETY SYMPTOMS IN PATIENTS WITH OBSESSIVE-COMPULSIVE DISORDER (OCD): A RANDOMIZED CLINICAL TRIAL. *World Journal of Pharmaceutical Research*, 2016, Vol. 5(7), 104-116.
- 16) Amirabadi.B., Nikbakht.M., Nokani, M., Alibeigi. N., and Safari.H. Role of Temperament, Personality Traits and Onset Age of Smoking in Predicting Opiate Dependence. *Int J High Risk Behav Addict*. 2015 December; 4(4): e24585.
- 17) Seifollahi Asl.B., Alibeigi.N., Bakhtiari.E. A COMPARATIVE STUDY OF EARLY MALADAPTIVE SCHEMAS AND IRRATIONAL BELIEFS IN RECURRENCE (RELAPSE) AND PSYCHOLOGICAL SYMPTOMS IN MALE VERSUS FEMALE WITH MULTIPLE SCLEROSIS (MS) *International Journal of Analytical, Pharmaceutical and biomedical Sciences*, 2015, 4(8), 52-63.
- 18) Fadaie.F., Ashkevari.S., Alibeigi.N., Khodaie Ardakani. MR., Nazeri Astaneh.A. INVESTIGATING TYPES OF PSYCHIATRIC MEDICATIONS PRESCRIBED BY NON-PSYCHIATRIC PHYSICIANS AND THEIR CONSISTENCY WITH THE PATIENTS MENTAL STATUS IN KARAJ. *The Journal of Urmia University of Medical Sciences*, 2015, Vol. 26(6), 493-503.
- 19) Amirabadi.B., Alibeigi.N., Nikbakht.M., Masah.O., Farhoudian.A., Doostian. Y. Personality Traits and Psychopathology in Nicotine and Opiate Dependents Using the Gateway Drug Theory. *Iranian Rehabilitation Journal*, 2015, Vol. 13, 1,56-60.
- 20) F Fadai, B Mousavi, Z Ashtari, N Alibeigi, S Farhang, S Hashempour, N Shahhamzei, S Zahra Bathaie (2014). Saffron aqueous extract prevents metabolic syndrome in patients with schizophrenia on olanzapine treatment: a randomized triple blind placebo controlled study. *Pharmacopsychiatry*, 2014, 45(5-6): 156-161.
- 21) Mousavi B, Bathaie SZ, Fadai F, Ashtari Z, Ali beige N, Farhang S, Hashempour S, Shahhamzei N, Heidarzadeh H. Safety evaluation of saffron stigma (*Crocus sativus L.*) aqueous extract and crocin in patients with schizophrenia. *Avicenna J Phytomed*, 2015; 5 (5): 413-419.

- 22)Jahangiri.S., Nazeri Astaneh.A., Alibeigi.N., Afghah.S., Khajavi Noori.M. Emotion regulation in social phobia : a case series. international journal of analytical, pharmaceutical and biomedical sciences.2015,4,5,48-52.
- 23)Goodarzi.K., Nazeri Astaneh.A., Mazinani,R.Alibeigi.N. Mousavi.Z. COMPARISON OF THERAPEUTIC EFFECTS OF MIRTAZAPINE AND CITALOPRAM ON OUT-PATIENTS WITH MAJOR DEPRESSIVE DISORDER WITH ANXIETY SYMPTOMS. World Journal of Pharmaceutical Research, 2015, 4,8,346-358.
- 24)Nikbakht.M., Amiabadi.B., Alibeigi.N., Khamini.MH., Ramezani.A. Association of opioid withdrawal symptoms with personality characteristics and psychopathology syndrome in methadone maintenance therapy. JQUMS,2015,18, 6,33-38.
- 25)Seifolahi Asl. B., Alibeigi. N., Bakhtiari.E. A comparative study of early maladaptive schemas and irrational beliefs in recurrence (relapse) and psychological symptoms in male versus female with multiple sclerosis (MS). International journal of analytical, pharmaceutical and biomedical sciences.2015,4,8,52-63.
- 26)Khodaie Ardakani, MR., Sanaei, E., Mirabzadeh, A.,Poorheidari, N.,Alibaigi, N., Sheikhi, MR. Comparison of paroxetine versus Fluvoxamine in Trichotillomania Management. Iranian Journal of Psychiatric Nursing. 2015, 3, 10 (2), 43-50.
- 27)Nazeri Astaneh.A., Mirabzadeh,A., Karimloo.M., Rezaie.O., Ali beigi.N et al. Investigating the Attitude of Graduate Psychiatrists towards Objective Structured Clinical Examination (OSCE) and Conventional Clinical Interview Examination. Iran J Psychiatry, 2014; 9,2: 110-114.
- 28)Kazemizarif. A., Alibeigi.N., Fadaie.F.FattahMOghadam.L. Impact of Spiritual-Religious Group Therapy On Mental State of Inpatients with Methamphetamine Induced Psychotic Disorder.European Psychiatry.2015,31,1,28-31.
- 29)Fadai.F., Mousavi. B., Ashtari.Z., Ali beigi.N., Farhang.S., Hashempour.S., Shahhamzeie.N., Bathaie. Z. Saff ron Aqueous Extract Prevents Metabolic Syndrome in

- Patients with Schizophrenia on Olanzapine Treatment: A Randomized Triple Blind Placebo Controlled Study. *Pharmacopsychiatry*, 2014, 47(4-5):156-161.
- 30) Nazemizand. N., Moghadam.S., Alibeigi.N. The comparison of spiritual intelligence, meta-cognitive beliefs, life expectancy and their interaction in people with multi sclerosis and non patients. *European Journal of Experimental Biology*, 2013, 3(3):531-536.
- 31) Sardarzadeh.S., Alibeigi.N., Ebrahimi. S. Evaluation of Emotional Schemas in Individuals with Anxiety Disorders. *Journal of Social Issues & Humanities*, 2014, 2, 4, 25-28.
- 32) Mirsapassi.Z., Mazinani. R., Fadaie.F., Alibeigi.N., Nazeri Astaneh.A. Topiramate Add-on Lithium Carbonate for Treatment of Acute Mania. *Iran J Psychiatry Behav Sci*, 2013, 7, 2, 11-15.
- 33) Mirsapassi.Z., Mazinani. R., Fadaie.F., Alibeigi.N., Nazeri Astaneh.A. Effect of Topiramate on Weight Control in Bipolar Type I Patients Receiving Lithium and Antipsychotics during Manic Episode. *Iranian Journal of Psychiatry and Clinical Psychology*, Vol. 19, No. 3, Fall 2013, 195-201.
- 34) Ali beigi, Neda., Mohammadkhani, Parvaneh., Mazinani, Robabeh., Doolatshahi, Behrooz., Askari, Hamideh (2012). A Randomized Controlled Trial of Group Cognitive-Behavior Therapy, Cognitive-Remediation Therapy and Combined Cognitive Therapy on Improving Function and Reducing Symptoms for Patients with Schizophrenia. *European journal of experimental biology*, 2012, 2, 5, 1556-1563.
- 35) Bakhtiari, Ensiyeh., Alibeigi, Neda., Asgharnezhad Farid, Ali Asghar. (2013). The Role of Early Maladaptive Schema in Representing Anxiety Disorders. *European Journal of Scientific research*. Accepted Article.
- 36) Askari, Hamideh., Alibeigi, Neda., Rezaie, Omid (2013). Comparison of Emotional and Cognitive Schema between Depressed and No depressed Students. *Journal of Behavioral Sciences in Asia*, 2013, 4, 11-21.

- 37) Fadaee, Farbod., Alibeigi, Neda. (2012). Comparing Rate and Severity of Psychopathological Symptoms between Employed and Unemployed Young Men in Tehran. *Journal of Social Welfare (ISSN 1736-8191)*, 2012, 11,43, 97-120.
- 38) Ali beigi, neda., Mohammadkhani, Parvaneh., Mazinani, Robabeh., Doolatshahi, Behrooz. (2011). The Efficacy of Group Cognitive-Remediation Therapy for Patients with Schizophrenia with Longitudinal Course. *Iranian Journal of Psychiatry and Clinical Psychology (ISSN 1024-0047)*, 17, 1, 44-52.
- 39) Bidari, Ali., Nourgostar, Sepideh., Sadeghi, Shahram., Alibeigi, Neda. (2010). Chronic Low Back Pain as a Marker of Low Pain Thresholds in the Workers of a Large Industrial Complex. *Iran Medical Science University Journal*, 75,17,23-32.
- 40) Alibeigi, Neda., Rafiey, Hassan., Kaveh, Majid. et.al. (2007). Chronic Pain Behaviors and Consequences in Tehran Adult Population. *Journal of Wellbeing*, 1, 3, 3, 37-43.
- 41) Alibeigi, Neda., Mokhberian Nezhad, Razieh. (2007). Stressful Life Events and Attribution Style in Patients with Chronic Pain Syndrome. *Journal of Wellbeing*, 1, 1,1,21-26.
- 42) Alibeigi, Neda., Mohammadkhani, Parvaneh., Mazinani, Robabeh., Doolatshahi, Behrooz. (2008). A Randomized Controlled Trial of Group Cognitive-Rehabilitation Therapy for Patients with Schizophrenia Resistant to Medication. *Iranian Rehabilitation Journal (ISSN 1735-3602)*. 2008, 6,7-8, 59-67.
- 43) Sadeghi, Shahram., Nourgostar, Sepideh., Alibeigi, Neda., Bidari, Ali. (2005). Demographic Differences among Workers with and without Chronic Occupational Low Back Pain in a Steel Plant. *Iranian Journal of Orthopedic Surgery (ISSN 1735-2967)*, 4,2,14,143-148.
- 44) Alibeigi, Neda., Nourgostar, Sepideh., Bidari, Ali., Sadeghi, Shahram., Shahgholi, Leili. (2008). Mental Health and Psychological Consequences of Chronic Low Back Pain in a Group of Iranian Labors. *PAYESH Health Monitor (ISSN 1680-7626)*, 7, 3, 247-252.

- 45) Sobhani, Marzieh., Moradi, Alireza., Alibeigi, Neda. (2011). The Effectiveness of Cognitive Behavior Therapy in Reducing Symptoms and Improving Function for Patients with Schizophrenia.1,1, 101-127.

Trainer of Workshops and Courses

1. Motivation and Goal Setting in University Students. Zanjan University. Zanjan, Iran.(2020).
2. CBT in Anxiety and Depressive Disorders. Zanjan Medical Sciences University. Zanjan, Iran.(2020).
3. *Supervision In CBT*. Presented at the Rasta Centre.72 Hours. Tehran, Iran. (2019).
4. *Basic CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2018).
5. Schema Therapy. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2018).
6. CBT in Anxiety and Depressive Disorders. Presented at the Rasta Centre.100 Hours. Iran.(2017).
7. Acceptance and Commitment Therapy. Presented at the Razi Psychiatric Hospital.8 Hours. Tehran, Iran. (2017).
8. Session by Session Cognitive Behavior Therapy for Depression. Presented at the Razi Psychiatric Hospital.8 Hours. Tehran, Iran. (2017).
9. Acceptance and Commitment Therapy. Presented at the Razi Psychiatric Hospital.8 Hours. Tehran, Iran. (2016).
10. Cognitive Remediation Therapy in Schizophrenia. Presented at the Razi Psychiatric Hospital.10 Hours. Tehran, Iran. (2016).
11. *Supervision In CBT*. Presented at the Rasta Centre.72 Hours. Tehran, Iran. (2016).
12. *Basic CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2016).
13. *Cognitive Remediation Therapy in Schizophrenia*. Presented at the Razi Psychiatric Hospital.10 Hours. Tehran, Iran. (2016).
14. *Life skills Training*. Presented at the University of Social Welfare and Rehabilitation Sciences.10 Hours. Tehran, Iran. (2015).
15. *Supervision In CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2015).
16. *CBT for Anxiety Disorders*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2015).
17. *Pitfalls In CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2015).
18. *Schema Therapy*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2015).
19. *CBT for Depression*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (2015).
20. *Cognitive Emotive Behavior Therapy*. Presented at the Rasta Centre.24 Hours. Tehran, Iran. (2014).

21. *Pre marriage Counseling*. Presented at the Rasta Centre.10 Hours. Tehran, Iran. (July-August2013).
22. *Supervision in CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (April to June 2013).
23. *Emotion Regulation Techniques*. Presented at the 3th Congress of Iranian Psychological Association. 8 Hours. Tehran, Iran. (March2013).
24. *MCFI-III Interpretation*. Presented at the Rasta Centre.16 Hours. Tehran, Iran. (March2013).
25. *Basic CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (Spring2013).
26. *Supervisory*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (Spring2013).
27. *Basic CBT*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (Summer2013).
28. *CBT for Depression*. Presented at the Rasta Centre.36 Hours. Tehran, Iran. (Spring2013).
29. *CBT Techniques* . Presented at the Rasta Centre.36 Hours. Tehran, Iran. (Spring2013).
30. *Pre marriage Counseling*. Presented at University of Social Welfare and Rehabilitation Sciences.16 Hours. Tehran, Iran. (June 2012).
31. *Assertiveness Training*. Presented at University of Social Welfare and Rehabilitation Sciences.16 Hours. Tehran, Iran. (August 2012).
32. *Randomized Clinical Trial*. Presented at University of Social Welfare and Rehabilitation Sciences.8 Hours. Tehran, Iran. (February 2012).
33. *Marital Satisfaction*.Presented at University of Social Welfare and Rehabilitation Sciences.8 Hours. Tehran, Iran. (Winter 2011).
34. *Pre marriage Counseling-Healthy Sexual Relationship*. Presented at Arman Counseling Center.8 Hours. Tehran, Iran (Summer 2010).
35. *Stress Management* , Presented at Tehran University,8Hours ,Tehran,Iran.(November 2009).
36. *Problem Solving*, Presented at Tehran University,8 Hours, Tehran, Iran (November 2009).
37. *Family Sexual Health*. Presented at Iran Medical Sciences University.20 Hours. Tehran, Iran (Winter 2008).
38. *Life Skills*, Presented at Municipality of Tehran, 48 Hours ,Tehran, Iran.(August-September 2008).
39. *Anger Management*, Presented at Governmental Education Organization, 8 Hours, Tehran, Iran (Spring 2007).
40. *Habit Change*, Presented at Sahi Andish Cultural Institution,8 Hours, Tehran, Iran (Summer 2007).
41. *Student Learning Disabilities*, Presented at Governmental Education Organization,16 Hours ,Tehran, Iran (Spring 2006).
42. *Hotline Counselor Trainig*, Presented at Social Victims Support Association,8 Hours, Tehran, Iran (Summer 2006).
43. *Basic Counseling and Referral Skills within the Psychosocial Framework*, UNICEF Organized Workshop,16 Hours , Presented at Bam ,Iran (May2006).
44. *Assertiveness Training* , Presented at University of Social Welfare and Rehabilitation Sciences,8 Hours ,Tehran, Iran (Spring 2005).
45. *Relationship skills ,Stress Management and Anger Management*, Presented at Al-Zahra University, 24 Hours, Tehran, Iran (Spring 2005)

46. *Relaxation Exercises*, Facilitator of Workshop by James Mc Clenone ,Iran Medical University,Tehran,Iran.(July 2005)

Oral and Poster Presentations in Congresses

1. Matari.A, Nazeri astaneh, A., Alibeigi, N. (2016). Emotion Regulation in Treatment of MDD Patients. Poster Presentation at the Cognitive Behavior Therapy Congress. Iranian Psychiatric Association, Milad Hospital, Tehran, Iran.
2. Alibeigi,N.(2016).How Techniques work in Emotion Regulation? Oral Presentation at the Cognitive Behavior Therapy Congress. Iranian Psychiatric Association, Milad Hospital, Tehran, Iran.
3. Alibeigi,N., Askari, H., Maleki.H., Tabatabaee.B.S (2014).Role of Emotional Schemas in Perfectionism and Educational Functioning. Poster Presentation at the 7th Seminar of University Student's Mental Health. Isfahan University. Isfahan, Iran.
4. Askari, H., Alibeigi,N., Dadbin, Z., Mokhberian Nezhad. R., Maleki.H., Tabatabaee.B.S (2014).Dominant Emotional Schemas in Iranian University Students. Oral Presentation at the 7th Seminar of University Student's Mental Health. Isfahan University. Isfahan, Iran.
5. Alibeigi,N., Mokhberian Nezhad.R, (2012).Demographic Characters Predictors of University Students' Mental Health. Poster Presentation at the 6th Seminar of University Student's Mental Health.6-7 May. Gilan University. Gilan, Iran.
6. Alibeigi,N. (2011).Students' Perfectionism, Healthy or Pathologic? What can we do?. Oral Presentation at the First National Congress of University's Mental Health.2-3 January. University of Social Welfare and Rehabilitation Sciences. Tehran, Iran.
7. Alibeigi,N., Mohammadkhani, P., Mazinani, R., Doolatshahi, B. (2011). Effects of Group Cognitive- Behavior Therapy, Cognitive Remediation Therapy and Cognitive Integrated Therapy for Patients with Schizophrenia, A comparative study. Oral Presentation at the 7th International Congress of Cognitive Psychotherapy (ICCP). 02-05 June. Istanbul. Turkey.
8. Alibeigi,N., Mohammadkhani, P., Mazinani, R., Doolatshahi, B. (2011). Effects of Group Cognitive Remediation Therapy for Patients with Schizophrenia. Oral Presentation at the First Iranian Congress on Clinical Neuropsychology. 14-15 February. Tehran, Iran.

9. Alibeigi, N., Mohammadkhani, P., Mazinani, R., Doolatshahi, B. (2009). Effects of Group Cognitive- Behavior Therapy, Cognitive Remediation Therapy and Cognitive Integrated Therapy for Patients with Schizophrenia, A comparative study. Oral Presentation at the Ninth Annual Meeting of the Iranian Psychiatric Association. 24-27 November. Tehran, Iran.
10. Alibeigi, N., Jafari, H. (2008). A Randomized Controlled Trial of Group Cognitive- Behavior Therapy for Patients with Schizophrenia Resistant to Medication. Oral Presentation at the 38th EABCT Annual Congress. 10-13 September. Finlandia Hall. Helsinki, Finland.
11. Alibeigi, N., Mokhberian nezhad, R. (2008). Effects of Stressful Life Events, Attribution Style, Religious Coping and Religious Attitudes on Perceived Pain in Patients with Chronic Pain Syndrome. Poster Presentation at the 38th EABCT Annual Congress. 10-13 September. Finlandia Hall. Helsinki, Finland.
12. Alibeigi, M., Alibeigi, N., (2008). Comparison Mental Health in New Entrance and Graduated Students in Semnan Medical Science University. Oral Presentation at the Forth Seminar of University Student's Mental Health. 21-22 May. Shiraz University. Shiraz, Iran.
13. Alibeigi, N., Mokhberian Nezhad, R. (2008). Stanrdization of University Students' Mental Health Questionnaire (MHQ). Poster Presentation at the Forth Seminar of University Student's Mental Health. 21-22 May. Shiraz University. Shiraz, Iran.
14. Alibeigi, N., Sadeghi, Sh., Nourgostar, S., Bidari, A. (2008). Mental Health and Psychological Consequences of Chronic Low Back Pain in a Group of Iranian Labors. Poster Presented at the 8th Scientific Annual Meeting of The Iranian Pain Society, 1-2 may. Iranian Pain Association, Tehran, Iran.
15. Rafiey, H., Kaveh, M., Alibeigi, N., et.al. (2008). Chronic Pain Behaviors and Consequences in Tehran Adult Population. Poster Presented at the 8th Scientific Annual Meeting of The Iranian Pain Society, 1-2 may. Iranian Pain Association, Tehran, Iran.
16. Bidari, A., Nourgostar, S., Sadeghi, Sh., Alibeigi, N. (2008). Frequency of Fibromyalgia and Low Pain Thresholds in the Workers of a Large Industrial Complex. Oral Presentation at the 8th Scientific Annual Meeting of The Iranian Pain Society, 1-2 may. Iranian Pain Association, Tehran, Iran.

17. Alibeigi, N. (2008). Psychotherapy in Managing Fibromyalgia Syndrome. Oral Presentation at the Fibromyalgia Syndrome Seminar. Iran Medical Sciences University. Academic Education, Culture & Research Center. 29-30 June. Tehran, Iran.
18. Alibeigi, N. (2008). Apply Psychological Treatments for Chronic Pain. Oral Presentation at the First National Seminar on Pain Management. Iran Medical Sciences University. Academic Education, Culture & Research Center. 17-18 December. Tehran, Iran.
19. Moradi, M., Alibeigi, N. (2007). The Effectiveness of Teaching life skills(Interpersonal relationship, Problem solving, Anger management, Assertiveness) to high- school Adolescence on Improving Their Mental Health. Oral Presentation at the 7th International Developmental Psychology Congress; From Adolescence to Adulthood, ISAPP, Montreal, Canada .
20. Alibeigi, N., Yeke Yazdandoost, R., Afkham Ebrahimi, A. (2007) "Symptoms of Depression, Dysfunctional Attitudes and Self-control in Chronic Low Back Pain Patients. Reference Number: 77175". Poster Presented at the V World Congress of Behavioral Cognitive Therapies, Barcelona, Spain.
21. Alibeigi, N., Mokhberian Nezhad, R. (2007) Effects of Stressful life Events, Attribution Style, Religious Coping and Religious Attitudes on Perceived Pain in Patients with Chronic Pain Syndrome. Reference Number: 77201. Poster Presented at the V World Congress of Behavioral Cognitive Therapies, Barcelona, Spain.
22. Moradi, M., Alibeigi, N. (2007). Life Skills and Promotion of Mental Health in Adolescents. Oral Presentation at the International Conference on Psychology in Mental Health, Prospects & Challenges. Bangalore, India.
23. Alibeigi, N. (2007). Psychological Aspects of Pain. Oral Presentation at the Interventional Treatments in Physical Medicine and Rehabilitation of Pain Management. Shahid Beheshti Medical Sciences University. 17-18 December. Tehran, Iran.
24. Alibeigi, N., Mokhberian Nezhad, R. (2007). Stressful Life Events and Attribution Style in Patients with Chronic Pain Syndrome. Oral Presentation at the 7th Scientific Annual Meeting of The Iranian Pain Society, 2-3 May. Iranian Pain Association, Tabriz, Iran.
25. Alibeigi, N., Yeke Yazdan doost, R., Afkham Ebrahimi, A. (2005). Comparison of Depression Symptoms, Dysfunctional Attitudes and Self-control in Chronic low back Pain Patients with Healthy Ones. Oral Presentation at the First Congress of Clinical Psychology In Iran. Clinical Psychology Association. Tehran, Iran.
26. Alibeigi, N., Yeke Yazdan doost, R., Afkham Ebrahimi, A. (2005). Symptomatology of depression in chronic low back pain patients. Poster Presented at The first International

- Congress of Minimally Interventional Spinal Treatment. Iran Medical Science University. Razi Convention Center. Tehran, Iran.
27. Afkham Ebrahimi, A., Alibeigi, N. (2004). Personality Traits of Patients with Multiple Sclerosis" . Poster Presentation at the 15th Biennial Meeting of the International Society for Developmental Neuroscience. Heriot Watt University. Edinburg, Scotland .
 28. Alizadegan, Sh., Elahi, F., Alibeigi, N., Taavoni, S. (2004). Pain Effects on Sexual Behaviors in Clients referred to Pain Clinic. Poster Presented at the Fourth Scientific Annual Meeting of The Iranian Pain Society, 26April-1may. Iranian Pain Association, Tehran, Iran.
 29. Alibeigi, N. (2002). Construct, Validation and Reliability of University Students' Mental Health Questionnaire. Oral Presentation at the First National Congress of Psychology.30-31 October.Tarbiat Moalem University. Tehran, Iran.

Lectures

2020	Emotion Deprivation in Childhood. University of Social Welfare and Rehabilitation Sciences.
2020	Post Traumatic Growth and Covid-19. Iranian Psychological Association.
2019	Psychotherapy Mechanisms on Brain. University of Social Welfare and Rehabilitation Sciences.
2018	Emotion Regulation. University of Social Welfare and Rehabilitation Sciences.
2018	Psychotherapeutic Challenges in Borderline Personality Disorders. University of Social Welfare and Rehabilitation Sciences.
2017	Acceptance and Commitment Therapy (ACT). University of Social Welfare and Rehabilitation Sciences.
2016	Dreams in Psychotherapy. Razi Psychiatric Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.
2016	OCD and Co morbidities with Other Psychiatric Disorders. Razi Psychiatric Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.
2016	Rational Emotive Behavior Therapy. Razi Psychiatric Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.
2016	Sampling, Methods of selecting a sufficient sample. University of Social Welfare and Rehabilitation Sciences.
2015	Schema Therapy. Razi Psychiatric Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.

- 2015 Spirituality in Life span. Karaj Azad University. Faculty of Psychology.
- 2013 Review of Love in Psychology Perspective. Razi Psychiatric Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.
- 2012 Child Sexual Training. Razi Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.
- 2012 Cognitive Disorders and Their Psychological Treatments. University of Social Welfare and Rehabilitation Sciences.
- 2012 Pre marriage Counseling. University of Social Welfare and Rehabilitation Sciences.
- 2011 Applying Mental Tests in Psychiatric Diagnosis. Razi Educational and Therapeutic Hospital, University of Social Welfare and Rehabilitation Sciences.
- 2011 Occupational Stress in Nurses. How to cope?. Shariati Hospital. Tehran Medical Sciences University.
- 2008 Psychological Aspects of Pain . Iranian Pain Association.

Thesis Advisor

- 2021- Dadbin, Z Comparing the Effectiveness of CBT, ACT and EST on recovery of depression and global functioning in patients with MDD. Ph.D of Psychology .Azad University. Science and Research Branch of Tehran.
- 2019- Hoseini Sough, S.A Comparing the Effectiveness of CBT, ACT and EST on recovery of depression and global functioning in patients with MDD. Ph.D of Psychology .Azad University. Science and Research Branch of Tehran.
- 2019- Khalili. F Effectiveness of CBT on Anxiety, Depression and Aggression in Imam Khomeini Airport Staffs with High Shifts. M.Sc of Psychology. Azad University. Science and Research Branch of Tehran.
- 2018- Daraee, A Prevalence of Adolescent Beliefs about Masturbation and Premarriage Sexual Behaviors .M.Sc of Psychology .Azad University. Science and Research Branch of Saveh. Iran.
- 2017- Tabatabaee.M.H. The Psychological Hardiness and Emotion Regulation Strategies based on Components of Meaning of Life in Tehran Adults. M.Sc of Psychology .Azad University. Roodehen- Iran.

- 2018- Esmailie. M Prediction of alcohol abuse on the basis of personality traits and social development in Tehran adolescents. .M.Sc. of Psychology .Azad University. Roodehen- Iran.
- 2018- Moradi. N The relationship between early maladaptive schema and perception of parents practices with tendency to substance abuse in adolescents with addicted parents in Tehran. .M.Sc. of Psychology .Azad University. Roodehen- Iran.
- 2018- Tahmasbi, F The prediction of life satisfaction based on conflict resolution styles and resilience in women's employees of Ansar bank. .M.Sc. of Psychology .Azad University. Roodehen- Iran.
- 2016- Seif.F. Comparing the Effectiveness of CBT, ACT and EST on recovery of depression and global functioning in patients with MDD. Ph D of Psychology .Azad University. Science and Research Branch of Tehran.
- 2016- Basaeri.R. Comparing the efficacy of Beck's Cognitive Therapy with Wells' Metacognitive Therapy in treatment of dysthymia. M.Sc of Psychology.Azad University. Science and Research Branch of Tehran.
- 2016- Mohammadi.B. Comparison of early maladaptive schema and metacognition in students with social phobia and normal students. M.sc of Clinical Psychology .Azad University. Science and Research Branch of Tehran.
- 2016- Amir jamshidi.N. Comparison early maladaptive schema and attachment style among divorced and satisfied couples in ITehran.M.sc of Psychology .Azad University. Science and Research Branch of Tehran.
- 2015- Pour Esmaili.Z. Examine the relationship between perceived social support and stressful events preceding the occurrence of depression in women with recurrent pregnancy loss. Khatam Hospital in Tehran. M.sc of Psychology .Azad University. Science and Research Branch of Tehran.
- 2015- Mahboobi.H. Comparing the role of early maladaptive Schemas and decision styles on the mental health of sterrt chidren and normal children. M.sc of Psychology .Azad University. Science and Research Branch of Tehran.
- 2015- Hadadi.S. The effectiveness of cognitive rehabilitation group therapy on memory, attention, self-esteem and depression in patients with multiple sclerosis (MS). M.sc of Psychology .Azad University. Science and Research Branch of Tehran.
- 2014- Seifolahi Asl.B. A comparative study of early maladaptive schemas and irrational beliefs in recurrence (relapse) and psychological symptoms in male versus female with multiple sclerosis (MS).

- M.sc of Psychology .Azad University. Science and Research Branch of Tehran.
- 2013- Kazemi Zarif, A The Effect of Spiritual Religious Group Therapy on Mental and Behavioral State of Male Patients with Methamphetamine Induced Psychotic Disorder in Razi Educational and Therapeutic Centre. Resident of Psychiatry. University of Social Welfare and Rehabilitation Science.
- 2013- Ale Boyeh, M. The Efficacy of Cognitive Remediation Therapy in Improving Symptoms of Paranoid and Non Paranoid Schizophrenic Patients. M.sc of Psychology .Esfahan University.
- 2013-Sardarzadeh, S. Emotional and Cognitive Schema and Their Interaction in Anxiety Disorders. M.sc of Psychology .Azad University- Tonekobon Branch.
- 2011- Askari, H. Comparative Study of Emotional and Cognitive Schema in Depressed and Non Depressed University Students. M.sc of Psychology .Azad University. Science and Research Branch of Tehran.
- 2011-Bakhtiari, E. Explanation of Different Types of Anxiety Disorders on the basis of Schema Dimensions. M.sc of Psychology .Azad University- Science and Research Branch of Tehran.
- 2011- Razavi, F. Effectiveness of CBT in Decreasing Depression, Anxiety and Improving Function of Chronic Low Back Pain Patients. M.sc of Psychology .Azad University. Science and Research Branch of Arak.
- 2011-Nikbakht, M. Exploring Different Personality Characteristics of Temperament and Character in Nicotine Dependents and Opioid Dependents with Regard to Gate Drug theory. M.sc of Psychology .Shahid Beheshti University, Tehran.
- 2011- Amir Abadi, B. Comparison of Personality Characteristics in Nicotine Dependents and Opioid Dependents with Regard to Gate Drug theory. M.sc of Psychology .Shahid Beheshti University, Tehran.
- 2011- Nazemi Zand, N. Comparison of Hopefulness, Metacognitive Belief and Spiritual Intelligence in M.S Patients and Healthy People. M.sc of Psychology .Azad University, Science and Research Branch of Tehran.

Thesis Consultant

- 2019- Nassirifar, F Comparing the attitudes and knowledge of psychiatric residents about psychotherapy before and after the psychotherapy rotation.

Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences

- 2016- Gholamreza Mirzaee, V
The effect of Ascorbic Acid as supplementary treatment with risperidone in controlling the symptoms of schizophrenia: A double-blind, placebo-controlled clinical trial. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2018- Ayazi, M
Study of cognitive changes in long-term antipsychotic polypharmaceutical treatment compared to schizophrenic patients in monotherapy with aripiprazole. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2018- Farokhzadi, F
Effectiveness of Emotion Regulation, Accupuncture, TACS and Ritalin in Treatment of ADHD children. Ph.D of Psychology, Azad University, Science and Research Branch of Gorgan.Iran.
- 2017- Keshavarz.B.
Compare Sudo Psychosis Beliefs and Intolerance of Uncertainty in Mothers of Patients With Schizophrenia and Normal Ones. M.Sc of Psychology, Azad University, Roodehen- Iran.
- 2016- Abdollah zadeh, P
Comparing the Effectiveness of CBT, ACT and EST on recovery of depression and global functioning in patients with MDD. Ph D of Psychology .Azad University. Science and Research Branch of Tehran.
- 2016- Ashkevari, S
INVESTIGATING TYPES OF PSYCHIATRIC MEDICATIONS PRESCRIBED BY NON-PSYCHIATRIC PHYSICIANS AND THEIR CONSISTENCY WITH THE PATIENTS MENTAL STATUS IN KARAJ. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2016- Reisi, S
Comparison of Adding Omega 3 in Two Group with Dominant Positive or Negative Symptoms in Patients with Schizophrenia. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2016- Afshari Saleh, Z
A Comparison Between Male Psychiatric Patients Referred by Justice Power to Razi Psychiatric Hospital with Other Male Patients: comparing axis I,II and III according to DSM-IV-TR. University of Social Welfare and Rehabilitation Sciences.
- 2015- Mazloom. H.R
Study The Effectiveness of Bometanide in decreasing negative and positive an cognitive symptoms in patients with schizophrenia.

- Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2015- Matari.A. Emotion Regulation in Treatment of MDD Patients. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2014- Peyrovi.P. The prevalence of sexual dysfunctions and their underlying variables in married men. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2013- Pazhom,S. Study The Effectiveness of Adjunctive Therapy of Allopurinol in Acute Phase of Mania. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2012-Jahangiri, S. Emotion Regulation in Treatment of Social Phobia. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2012-Alavi Rad, S. Comparison of Laterality and Hand Preference between Successful Athletes and General Population. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2012- Sanaee,E. Compare Effectiveness of Treatment With Fluvoxamine Vs. Paroxetine in Patients with Trichotillomania. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences
- 2012- Mirsepasi, Z. Comparison of efficacy of lithium and topiramate with lithium and placebo in patients with bipolar I Disorder most recent manic episode, hospitalized in Razi psychiatric Hospital. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2012-Goudarzi, K. Comparison of Mirtazapine and Sitaloperam in Outpatients Suffering From M.D.D with Anxiety Symptoms. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2012- Fathi, V. Comparison of efficacy of Risperidone and Quetyapine in OCD Patients Resistant to Treatment. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2012-Mousavi, B.H. Comparison Efficacy of Saffron Vs. Placebo on Cognitive Impairment, Negative and Positive Symptoms and Incidence of

Metabolic Syndromes in Patients With Schizophrenia in Treatment with Olanzapine. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.

- 2011- Hashempour, S. Evaluation of Predictive Factors of Schizophrenic Diagnosis in Patients with First Episode Psychosis Over a Six month Follow-up. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2011- Attarzadeh, A. Evaluation of the Determinant Factors of Duration in Untreated Psychosis in First Episode Psychosis Referred to Razi psychiatric Hospital. Resident of Psychiatry. University of Social Welfare and Rehabilitation Sciences.
- 2010- Sobhani, M. Efficacy of CBT on Cognitive Impairments, Behavioral Dysfunction and Symptoms of Schizophrenic Patients. M.Sc of Psychology, Azad University, Science and Research Branch of Karaj.

Grants

Principal Investigator:

- 2016- 2017 **Effectiveness of Family-Based Interventions on Family members of Bipolar Patients: Development of Therapeutic Model based of Iranian Culture.** Psychosis Research Center. University of Social Welfare and Rehabilitation Sciences.
- 2012-2015 **Interaction of parent-child's schema in different types of personality disorder.** University of Social Welfare and Rehabilitation Sciences.
- 2012- 2015 **Emotional and Cognitive Schemas and Their Interaction in Anxiety and Mood Disorders.** University of Social Welfare and Rehabilitation Sciences.
- 2010-2014 **Clinical Use & Diagnostic Agreement of MCMI & Psychiatric Interview in Diagnosis of Axis I & II.** University of Social Welfare and Rehabilitation Sciences.
- 2009-2010 **Dominant Schema In Fibromyalgia Syndrome in Female.** Iran Medical Science University. Academic Center for Education, Culture and Research

Co- Investigator

- 2017-2018 **Study of Cognitive changes in Long-term Antipsychotic Polypharmacy Treatment Compared to Schizophrenic Patients**

- 2016-2017 **in Monotherapy with Aripiprazol.** University of Social Welfare and Rehabilitation Sciences. By: Mirab Zadeh, A. Psychiatrist.
Effectiveness of Psycho Educational Program on General Health and Communication Skills in Caregivers of Patients with Schizophrenia. Psychosis Research Center. University of Social Welfare and Rehabilitation Sciences. By: Arab Ghahestani D.Ph.D, Psychologist.
- 2010-2013 **Internal Evaluation of Psychiatric Group.** University of Social Welfare and Rehabilitation Sciences. By: Mazinani, R. Psychiatrist.
- 2007-2008 **Comparing Rate and Severity of Psychopathological Symptoms between Employed and Unemployed Young Men in Tehran.** University of Social Welfare and Rehabilitation Sciences. By: Fadaie, F. Psychiatrist.
- 2006 **Screening Low Back Pain Patient.** Esfahan Foolad Mobareke Company, Iran Mine and Industry Organization. Shahid Beheshti Medical Science University. Academic Center for Education, Culture and Research. By: Sadeghi,Sh. Physiatriist.
- 2003-2004 **Frequency of Spouse Abuse in Family Court Referring in Tehran.** Mental Health Research Center, Iran Medical Science University. By: Bolhari,J. Psychiatrist.
- 2002-2004 **Prevalence, Characters, Risk Factors, Consequences and Behaviors of Chronic Pain in Adults of Tehran.** Iran Medical Science University. Academic Center for Education, Culture and Research. By: Rafiey, H. Psychiatrist.
- 2002-2004 **Mental Health Promotion and Addiction Prevention in Tehran.** Mental Health Research Center, Iran Medical Science University. By: Bolhari,J. Psychiatrist.

General Articles For Newspapers

- | | |
|-------------------------|--|
| August 2020- Isna-Iran | Stress in Students of Entrance Exam for Universities |
| February2020- Isna-Iran | Students and night sleep |
| August 2019- Isna-Iran | Effect of Birth order on Personality |
| August 2019- Isna-Iran | Children and Divorce of Parents |
| April 2016- Health-Iran | Father in Labe room. |
| August 2013- Iran | Crisis of 30 Years Old. |
| July 2013- Health | Friendship: Stable in Men and Fragile in Women |
| March2013- Iran | Trust; How Recognize Reliable Individuals? |

October 2012- Iran	Personality: Inside or Outside?
September 2012- Ghods	Low Capacity of Tolerance and Crime.
July 2012- Iran	Self Actualization
December 2012- Ghods	Emotional Divorce and Childhood Storms
November 2012-Ghods	Anger with Closed Eyes.
November 2012-Ghods	Family of Criminal in Threshold of inevitableness
March 2012- Health	Body Dysmorphic Disorder and Plastic Surgery.
January 2012- Health	Psychological Factors in Blood Pressure.
April 2011- Health	Accept Die in Senile.

Workshop Attendance

1. Introducing into Infertility Counseling. 16Hours. By: Petra Thorn. 18th Royan International Twin congress, 2017.
2. Evidenced Based Treatment. 4Hours. By: Strategic Educational Committee of University of Social Welfare and Rehabilitation Sciences. Tehran, Iran.2017.
3. Transactional Analysis. 20 Hours. By: Dr. Janbozorgi, Ph.d. Azad University, Science and Research Branch, Tehran, 2009.
4. Reference Manager. 5Hours. University of Social Welfare and Rehabilitation Sciences. 2008. Tehran, Iran.
5. Relaxation Exercise. 3Hours. By: Mc Clenon, J. In: the 2th Scientific National Congress of The Role of Religion in Mental Health. Iran Medical Sciences University. Tehran, Iran.2007.
6. Clinical Researches. 8Hours. By: Falahi Khoshknab, M. University of Social Welfare and Rehabilitation Sciences. 2007. Tehran, Iran.
1. Cognitive Behavioral Marital Therapy. 16Hours. By: Dobson, K, S. University of Social Welfare and Rehabilitation Sciences. 2006. Tehran, Iran.
2. Cognitive and Behavior Therapy for Anxiety Disorders. 16Hours. By: Dobson, K, S. University of Social Welfare and Rehabilitation Sciences. 2006. Tehran, Iran.
3. Teaching Methods. 16Hours. Jame Applied and Scientific University. 2006. Tehran, Iran.
4. Cognitive Analytic Therapy. 8Hours. By: Dezhkam, M. In: First Congress of Clinical Psychology Researches in Iran. 2005. Tehran, Iran.
5. Family Therapy. 9Hours. By: Moradi, T. Iranian Clinical Psychology Association. 2004. Tehran, Iran.
6. Life Skills for Women. 24Hours. By: Bayan zadeh, A. Iran Medical Sciences University. Tehran, Iran.2003.

Educational-Research and Therapy Interests

- Cognitive- Behavioral Therapies
- Specific Treatment for OCD on basis of modern CBT Techniques

- Emotion Regulation specially for Social Phobia
- CBT for Psychosis
- Supervisory in CBT, REBT or CT
- Spirituality and the role of Spirituality in Meaning of Life
- Writing Personal Note in Context of Therapy

Participation in Congresses

1. 7th Iranian psychological Association Congress. Iranian psychological Association. November 2020. Ivan Shams, Tehran, Iran.
2. Psychotherapy Congress. Iranian psychotherapy Association. February 2018. Iranian Psychotherapy Association, Tehran, Iran.
3. 6th Iranian psychological Association Congress. Iranian psychological Association. November 2017. Iran Medical Sciences University, Tehran, Iran.
4. Cognitive- Behavior Psychotherapy Congress. Iranian psychiatric Association. March 2016. Iranian psychiatric Association, Tehran, Iran.
5. 2th Iranian National Psychological Congress. November 2016. Kharazmi University, Tehran, Iran.
6. 4th Iranian psychological Association Congress. Iranian psychological Association. May 2015. Tehran Medical Sciences University, Tehran, Iran.
7. Health in Disasters International Congress. Iranian psychological Association. May 2015. University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.
8. The 7th Seminar of University Student's Mental Health. May 2014. Isfahan University, Isfahan, Iran.
9. 3th Iranian Psychological Association Congress. Iranian psychological Association. February 2013. Shahid Beheshti university, Tehran, Iran.
10. The 6th Seminar of University Student's Mental Health. 6-7 May 2012. Gilan University. Gilan, Iran.
11. The First National Congress of University's Mental Health. 2-3 January 2011. University of Social Welfare and Rehabilitation Sciences. Tehran, Iran.
12. The 7th International Congress of Cognitive Psychotherapy (ICCP). 02-05 June 2011. Istanbul. Turkey.
13. The 3th Iranian Clinical Psychological Association Congress February 2011. Tehran, Iran.
14. The First Iranian Congress on Clinical Neuropsychology. 14-15 February 2011. Tehran, Iran.

15. The Ninth Annual Meeting of the Iranian Psychiatric Association. 24-27 November 2009. Tehran, Iran.
16. The First National Seminar on Schizophrenia & Chronic Mood Disorders. Service Delivery & Psycho-Social Rehabilitation. 19-21 May 2009. Iranian Society Supporting Individuals with Schizophrenia (ISSIS) and University of Social Welfare and Rehabilitation Sciences. Tehran, Iran.
17. The 38th EABCT annual congress. 10-13 September 2008. Finlandia Hall. Helsinki, Finland.
18. The Fourth Seminar of University Student's Mental Health. 21-22 May 2008. Shiraz University. Shiraz, Iran.
19. The 8th Scientific Annual Meeting of The Iranian Pain Society, 1-2 May 2008. Iranian Pain Association, Tehran, Iran.
20. Fibromyalgia Syndrome Seminar. Iran Medical Sciences University. Academic Center for Education, Culture and Research. 29-30 June 2008. Tehran, Iran.
21. The First National Seminar on Pain Management. Iran Medical Sciences University. Academic Center for Education, Culture and Research. 17-18 December 2008. Tehran, Iran.
22. 4th the Asian Family Health Research Award congress. Iran Medical Sciences University. Academic Center for Education, Culture and Research. January 2008. Tehran, Iran.
23. The Interventional Treatments in Physical Medicine and Rehabilitation of Pain Management. Shahid Beheshti Medical Sciences University. 17-18 December 2007. Tehran, Iran.
24. The 2th Scientific National Congress of The Role of Religion in Mental Health. Iran Medical Sciences University. May 2007, Tehran, Iran.
25. The 7th Scientific Annual Meeting of The Iranian Pain Society, 2-3 May 2007. Iranian Pain Association, Tabriz, Iran.
26. First Iranian psychology students congress. Iranian Psychology Students' Association, May 2007. Tehran, Iran.
27. The 3th Asian Family Health Research Award's Scientific Congress. Iran Medical Sciences University. Academic Center for Education, Culture and Research. January 2007. Tehran, Iran.
28. The 7th International congress on Reproductive Biomedicine. Iran Medical Sciences University. Academic Center for Education, Culture and Research. January 2007. Tehran, Iran.
29. 7th international Royan congress. September 2005. Iran Medical Science University. Razi congresses center, Tehran, Iran.
30. 7th Iranian Psychiatry and Clinical Psychology Researches congress. Shahid Beheshti Medical Science University, May 2005, Tehran. Iran.

31. The First Congress of Clinical Psychology In Iran. Clinical Psychology Association. February 2005 Tehran, Iran.
32. The first International Congress of Minimally Interventional Spinal Treatment. Iran Medical Science University. May 2005.Razi Convention Center. Tehran, Iran.
33. The 15th Biennial Meeting of the international Society for Developmental Neuroscience. Heriot Watt University.2004, Edinburg, Scotland .
34. The Fourth Scientific Annual Meeting of The Iranian Pain Society, 26April-1may 2004. Iranian Pain Association, Tehran, Iran.
35. The First National Congress of Psychology.30-31 October 2002.Tarbiat Moalem University. Tehran, Iran.
36. National Congress of Youth Researchers Club. September 2002, Tabriz, Iran.

Test Scores and Courses

1. MCHE (51/100). Foreign Language Center of Scholarship & Overseas Students' Department, Tehran, Iran (July 2004).
2. 18 Terms of English Studies at Shokouh's Institute Narmak. Tehran. Iran. (Fall 1999).
3. TOEFL 477. Shokouh Institute Narmak. Tehran. Iran. (Fall 1999).
4. 700 hours therapeutic work in supervision of Iran Medical Science University professors. 2003-2008
5. 200 hours CBT by Dr. Janbozorgi .Shahid Beheshti Behavioral Science Center. 2004-2005.

Special Skills

1. Spending Internet, Word, Windows Courses in independent Academic center. Tehran, Iran.2000-2002.
2. Experienced in Playing Dulcimer (2002-2006)
3. Experienced in Playing Sitar (2007-Present)
4. Tennis club member. 1997-2000.
5. Experienced in Software such as SPSS, EXCELL, WORD, PowerPoint
6. Experienced in Presenting lectures and Teaching.